

Te Poari o ngā Kaihaumanu
Hinengaro o Aotearoa

The Psychotherapists Board
of Aotearoa New Zealand

Interim Psychotherapist Scope of Practice timeframe extension request

This form outlines Te Poari o ngā Kaihaumanu Hinengaro o Aotearoa (the Board) process for requesting a timeframe extension to fulfil the requirements to move from the Interim Psychotherapist Scope of Practice (IPSP) to the Psychotherapist Scope of Practice (PSP) or the Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism (PSPCAPS).

Background

Acceptance into the IPSP must be for the purpose of achieving registration in the PSP or PSPCAPS.

Psychotherapists registered in the IPSP must complete all requirements to move their scope of practice within **5 years** of registration. These requirements are 900 hours of supervised clinical practice, personal psychotherapy and/or successful completion of a final clinical assessment.

In exceptional circumstances and on application, psychotherapists in the IPSP can apply for a timeframe extension. Psychotherapists applying for a timeframe extension are required to apply before the expiry of the 5-year timeframe limit. If you wish to make an application to extend the timeframe for completing the requirements of your IPSP, please provide the following information.

The Board will consider all requests on a case-by-case basis. Please note that extensions are not guaranteed.

The timeframe extension request must cover all the timeframe for:

- submission of the case study
- outcome of the case study assessment
- oral assessment
- outcome of the oral assessment
- ratification period (receipt of paperwork).

Please write a statement below that:

- outlines the extenuating circumstances and reasons that the practitioner has not been able to meet the Board's requirements within the 5-year timeframe limit
- provides evidence that an organisation approved by the Board supports the extension request
- provides evidence that the practitioner's supervisor supports the extension request and that the practitioner is on track to submit their final clinical assessment, including the supervisor's signature.
- provides an outline of the practitioner's intended plan of action to achieve registration within the PSP
- includes the **total** timeframe extension requested – this will enable the Board to assess whether an extension is appropriate
- provides any other additional information that may be requested by the Board.