



Welcome to Te Poari o ngā Kaihaumanu Hinengaro o Aotearoa Hōngongi Newsletter 2020

This issue brings you up to date with Board related mahi since the last newsletter

*He waka eke noa
We're all in this together*

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Wereta Wairakau Pahau - Tikanga Advisor and Kaumatua



Wereta Wairakau Pahau (Matua Rackie), the Board's Tikanga Advisor and kaumatua, passed away peacefully at the Hutt Hospital on June 30, surrounded by his wife, Iris and four children and one of his five mokopuna.

Rackie has been an integral part of the Board's journey since 2017 and provided members with wisdom, expertise and support. He attended hui around the country and will be profoundly missed by the Board, its employees and those whose lives he touched.

He will be remembered as a soft spoken, gentle soul with an ability to make connections with people from all walks of life. Our thoughts and prayers are with Iris and whānau.

*Kua hinga te totara i te wao nui a Tane.
The totara has fallen in the forest of Tane.*

COVID-19 Pandemic Survey

Throughout Aotearoa New Zealand psychotherapists have managed their own challenges from the COVID-19 pandemic while continuing to support the wellbeing of their clients.

The Board asked to hear from psychotherapists about the COVID-19 challenges they faced, and invited psychotherapists to take part in a short anonymous survey.

The information obtained may be useful in identifying areas where the Board can support psychotherapists to continue to deliver psychotherapy through changing alert levels.

Thank you to all psychotherapists who participated. If you would like to see the results of the survey, please click [here](#).

Annual Practising Certificate (APC) Fee

The COVID-19 pandemic has impacted the way in which psychotherapists were able to mahi in the first part of 2020. The Board acknowledges that the challenges, including financial implications for psychotherapists, are likely to be ongoing over the 2020/2021 practising year.

In light of COVID-19 challenges, and to ensure that psychotherapists maintain their APC and therefore their ability to practise, the Board has developed a policy to provide a waiver of part of the full APC fee for all psychotherapists who apply and pay for their APC prior to 30 September 2020.

As a result of COVID-19 challenges, the APC fee for the 2020-2021¹ practising year will be **\$500.00²**.

Please see below for the APC renewal process and opening date.

APC renewal Process Opening

The Annual Practising Certificate (APC) year runs from 1 October to 30 September each year.

The APC renewal process will open on Monday 3rd August 2020.

This will allow all psychotherapists time to complete their APC renewal process prior to the start of the new APC year.

To help this process please ensure that:

- Your contact details are up to date;
- You have allowed time to obtain your supervisor's signature.

As a reminder, the APC Renewal steps are:

¹ the 2020/2021 practising year only.

² normally \$850.00.



1. Login via your [personal login](#) and complete the online section of the process.

Practitioners have three options:

- a) **Renew**: renew your APC;
 - b) **Non-practising**: retain your name on the Register as a non-practising psychotherapist³;
 - c) **Removal**: request to have your name removed from the Register of psychotherapists.
2. Print the form at the end of the online process.
 3. Obtain your supervisor's signature and attestation that they have sighted and discussed your Recertification Plan, and return the form to the Registrar by the 30th September 2020.

Further information on the APC renewal process can be found on the Board's website under '[How to renew your Annual Practising Certificate](#)'.

Website and Database

Earlier this year⁴, the Board commenced mahi on the development of a new database and website to replace the current system developed in 2008⁵.

The website and database will feature a new look and feel and will be easier to navigate to improve user experience. In addition, it will provide psychotherapists with improved access to information through an on-line personal portal and help automate some manual regulatory processes such as the ability to complete APC renewal process online. As many psychotherapists access websites on their phones, the Board will ensure the new site will be easy to see and use in this way.

The new system will bring change, however, psychotherapists will be provided with information and support prior to using the new system for the first time. This is an exciting project which will make a positive difference for us all.

It is expected that the psychotherapist portal will be fully functional by the time psychotherapists commence the 2021/2022 APC renewal process.

To support the new system when you renew your APC this year please ensure your email is active and current.

³ non-practising means that you are not working. For example: on parental leave, on sick leave, on an extended holiday.

⁴ mahi was put on hold during late March and May but has now recommenced.

⁵ with a limited budget.

Newsletter [disclaimers](#)

The Board will keep psychotherapists updated on any developments through its Newsletter.

Seeking expressions of interest

The Board hopes to mahi with psychotherapist representatives to ensure the new system is easy to use.

The Board is therefore now seeking expressions of interest from psychotherapists who would be interested in being part of a pilot testing group. This group will help test the new database and website prior to it going live.

If you are interested, please let Jacq know via email registrar@pbanz.org.nz

Recertification Audit update

Thank you to all the psychotherapists who were selected for, and engaged in, the 2018/2019 practitioner audit.

The next audit round will begin in November 2020. If you are selected for the 2019/2020 audit you will be notified in November with your recertification plans being requested early in the New Year.

Many psychotherapists have found the Board's audit tips helpful, these can be found on the [Recertification and Audit](#) page of the Board's Website.

Expressions of Interest - Newsletters

The Board is aware that psychotherapists mahi within a wide variety of services and roles. Hearing more about this would be of interest to the Board and likely other psychotherapists.

The Board would like to hear from psychotherapists who may be interested in writing a short newsletter article about their experiences working with and enabling inter-disciplinary collaboration and co-operation in the delivery of health services.

If you would like to discuss this further, please email registrar@pbanz.org.nz

Reminders and Links

COVID-19 updates and links are available on the Board's [Website](#).

The Board is aware that [Compass Seminars NZ](#) is providing a day with Sir Mason Durie (Mauri Ora, The Metrics of Flourishing) which may be of interest to psychotherapists.

Learn about the Privacy Act 2020 with the Privacy Commissioner's new e-learning module. These



changes will take effect on 1 December. You'll be able to find it among the [e-learning modules here](#). There is also a short accompanying Privacy Act 2020 animation available which [you can view here](#)

Meet the Board

The Board welcomes psychotherapists to meet with the Board via Zoom on Saturday 15th August 2020 at 3.00pm.

'Meet with the Board' (open forum) is an opportunity for psychotherapists to ask questions (via the chat option) about current Board mahi and for members to update psychotherapists.

Date: Saturday 15th August 2020
Time: 2.00pm – 4.00pm
Location: Zoom meeting

Zoom Details

<https://us02web.zoom.us/j/81052052759?pwd=RS9uSW9WYlpFb0M1S0hHM2t0WTJTUT09>

Meeting ID: 810 5205 2759

Password: 505351

Matariki

Matariki is a time to celebrate new life, to remember those who've passed, and to plan for the future. It is also a time to spend with whānau and friends – to enjoy kai (food), waiata (song), tākaro (games).

In honour of Matariki the Board and collocated Responsible Authorities held a Matariki themed scavenger hunt. This was an opportunity to spend time together enjoy some kai and tākaro. It was a very enjoyable morning tea with the Registrar finding Pōhutukawa!

2020 Upcoming Board meeting dates

Friday 14th and Saturday 15th August 2020
Sunday 29th and Monday 30th November 2020

2021 Upcoming Board meeting dates

Friday 19th and Saturday 20th March 2021
Sunday 23rd and Monday 24th May 2021
June Planning Day Saturday 26th June 2021
Friday 20th and Saturday 21st August 2021
Sunday 28th and Monday 29th November 2021

***Waiho I te toipoto kaua I te toiroa
Let us keep close together not wide apart***