

Appendix One

RECERTIFICATION PLAN 20xx-20xx (one plan per year) *NB the plan covers the APC year 1st October-30th September

Practitioner's Name: Must be included	Scope of Practice: Must be included	Registration Number: Must be included
Supervisor's Name: Must be included	The date your plan was last sighted and discussed with your supervisor: Must be included	

Self-reflection on clinical competence and standards of practice: Identifying areas for growth, development and improvement.	Development Plan: Identify how you intend to develop and improve in the identified area.	Review of progress: Comment on and review your progress. (May be completed throughout the year with identified areas of improvements and discussion on progress.)
<p>1. Core Clinical Competencies</p> <p>Area or areas of competency you are focusing on and your rationale for this:</p> <ul style="list-style-type: none"> • Psychosomatic symptoms / conversion disorder • Suicidal ideation • Prescribed medication and its effects <p>My rationale for focusing on the above is that over the last couple of years I have been receiving more referrals for people presenting with these issues. I have also had a number of supervisees bringing these issues to discuss in supervision.</p> <p>It is important that I am as informed as I can be in order to work competently and effectively in these areas.</p>	<p>In order to gain knowledge and have an informed understanding in these areas I will seek current research articles and relevant reading.</p> <p>I will look for any training and/or seminars covering each of the topics identified.</p> <p>I have registered for the National Zero Suicide Forum 2018.</p> <p>I have contact with a broad range of colleagues experienced in these areas who I will consult with as applicable.</p> <p>I will also bring my questions, thoughts and dilemmas for discussion to my own clinical supervision.</p>	<p>Readings and resources accessed in relation to current knowledge and understanding from different perspectives.</p> <p>*<i>Conversion disorder</i>: Mayo Foundation for Medical Education and Research. Retrieved 25 October 2013.</p> <p>*Elia, J., 2017. Somatic Symptoms and Related Disorders. In <i>Psychiatry and Human Behaviour</i>.</p> <p>*<i>Psychotherapy and Psychosomatics</i>: Vol.87, No3, 2018.</p> <p>Attended the National Zero Suicide Forum 2018.</p> <p>*<i>Health care: suicide screening and assessment</i>.</p> <p>Apart from the Zero Forum I did not find any other suitable training/seminars to attend.</p> <p>*//www.goodtherapy.org/drugs/psychotropic-medication.htm' "<i>Psychotherapy and Psychosomatics</i>": Vol.87.No.3, 2018.</p> <p>*Health Navigator(NZ); "<i>Antipsychotic medication</i>" 2017.</p>

		I have continued to consult with colleagues which has been most helpful. I have also taken my questions and discussed my experiences in clinical supervision.
<p>2. Standards of Cultural Competence</p> <p>Area or areas of competency you are focusing on and your rationale for this:</p> <ul style="list-style-type: none"> Working with the parents of a child with a disability Working with clients presenting with gender dysphoria <p>My rationale for the above is similar to that of the Clinical Competencies, i.e. these are areas I have been coming across more frequently in my practice, both in my individual work and the work of practitioners I provide clinical supervision for.</p> <ul style="list-style-type: none"> I will also maintain currency of bi-cultural practice. <p>My rationale for this is my overall commitment to bi-cultural awareness.</p>	<p>In order to gain knowledge and have an informed understanding in these areas I will seek relevant reading and resources.</p> <p>In addition I will seek consultation, advice and recourses from CCS Disability Action.</p> <p>I will also seek recourses form The World Professional Association for Transgender Health (WPATH).</p> <p>I will seek cultural consultation and supervision as required.</p>	<p>I have sought and kept up to date with learning resources from CCS Disability Action. I have also consulted with CCS Disability Action staff for information and clarification as appropriate.</p> <p>I accessed resources from WPATH, written material and podcasts.</p> <p>Attended a talk from Joe Waru and Kim Penetito "a brave conversation" 23 September 2018</p> <p>Reading: "Moemoea Maori Counselling Journeys" Edited by Kathie Crocket, Eugene Davis, Elmarie Kotex, Brent Swann and Huia Swann 2017.</p>
<p>3. Standards of Ethical Conduct</p> <p>Area or areas of competency you are focusing on and your rationale for this:</p> <ul style="list-style-type: none"> Working within the Family Court system and Statutory Bodies in relation to therapeutic intervention and privacy rights. <p>I have recently become aware of the complexity of informed consent and requests from lawyers and statutory bodies to provide information. This experience has prompted me to ensure that I am up to date with the Privacy Act in relation to consent; and the Code of Health and Disability Services (HDC) consumer rights.</p>	<p>I will re-read this section of the Privacy Act and seek any additional resources from the Privacy Commission.</p> <p>I will also re-read HDC consumer rights.</p>	<p>I have been able to incorporate and confidently use aspects of the Privacy Act on several occasions when consulting with lawyers to ensure privacy is protected. I have also brought this information to supervisees' attention as necessary.</p>

