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| **Policy statement on Registration Requirements (During Grandparenting)**  This policy is subject to change. An applicant must meet the requirements of the current policy at the time their application is considered. | |
| **What is Grandparenting** | The Psychotherapists Board of Aotearoa New Zealand has yet to accredit New Zealand based psychotherapy qualifications. Prior to accreditation taking place the Board has agreed to grandparent practitioners undertaking Board approved qualifications. The qualifications approved by the Board can be found on the Board’s website and in the policy statement below. |
| **Pathways to Registration** | The Psychotherapists Board of Aotearoa New Zealand has developed two pathways to registration;   1. Tertiary Pathway; and 2. Professional Development Pathway.   These pathways have been depicted in a flow chart for ease of reference (appendix one).  Persons seeking registration under the Tertiary Pathway must hold a masters level qualification in psychotherapy from a New Zealand University or a New Zealand Training Institution or a comparable qualification.  Persons seeking registration under the Professional Development Pathway must complete an initial and final assessment as approved by the Board.  Practitioners who complete an initial assessment will be eligible for registration in Interim Psychotherapist Scope of Practice.  Practitioners who complete an initial and final assessment will be eligible for registration in the Psychotherapist Scope of Practice or Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism. |

**Psychotherapist Scope of Practice**

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| **Applicants must have evidence of:** | An approved masters level qualification in psychotherapy from a New Zealand University or a New Zealand Training Institution; as listed below:   1. AUT Master of Psychotherapy adult psychotherapy pathway 2. AUT Master of Health Science in Psychotherapy adult psychotherapy pathway 3. AUT Master of Psychotherapy child psychotherapy pathway 4. AUT Master of Health Science in Psychotherapy child psychotherapy pathway; 5. Certified Transactional Analyst (clinical or psychotherapy) 6. Accredited Jungian Analyst with ANZSJA and/or IAAP 7. Accredited Psychoanalyst with the International Psychoanalytical Association 8. Diploma in Psychosynthesis Psychotherapy 9. Diploma in Gestalt Psychotherapy 10. Psychodramatist certified by the Board of Examiners of the Australia New Zealand Psychodrama Association 11. NZ Institute of Psychoanalytic Psychotherapy – Membership 12. ANZAP Diploma in Adult Psychotherapy 13. Certified Bioenergetic Therapist (CBT) 14. The Ashburn Clinic Psychotherapy Training Programme; **or**   Have an approved comparable qualification as per the Board’s Policy Criteria Expected of a Comparable Qualification[[1]](#footnote-1); **or**  Have satisfactorily completed an initial and final assessment accredited by the Board. Organisations approved to carry out assessments are:   1. Australian and New Zealand Society of Jungian Analysts 2. New Zealand Association of Psychotherapists[[2]](#footnote-2) 3. New Zealand Association of Child and Adolescent Psychotherapists[[3]](#footnote-3). |
| **AND** | A certified statutory declaration[[4]](#footnote-4) that the psychotherapist has ‘completed 900 hours of supervised clinical psychotherapy practice with clients over at least three years with clinical supervision provided by a psychotherapist registered in the Psychotherapist Scope of Practice. These hours can be completed during and following qualification’. |
| **AND** | That they have undergone a personal psychotherapy; |
| **AND** | Meet the registration requirements of the Board including those set out in section 16 of the HPCAA. |

**Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism**

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| **Applicants must have evidence of:** | An approved masters level qualification in psychotherapy from a New Zealand University as listed below:   1. AUT Master of Health Science in Psychotherapy child psychotherapy pathway; 2. AUT Master of Psychotherapy child psychotherapy pathway: **or**     Have an approved comparable qualification as per the Board’s Policy Criteria Expected of a Comparable Qualification[[5]](#footnote-5); **or**  Have satisfactorily completed an initial and final assessment accredited by the Board. Organisations approved to carry out assessments are:   1. New Zealand Association of Child and Adolescent Psychotherapists3. |
| **AND** | A certified statutory declaration4 that the psychotherapist has completed 900 hours of supervised clinical child and adolescent therapeutic practice over at least three years with clinical supervision provided by a psychotherapist registered in the Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism. These hours can be completed during and following qualification. |
| **AND** | That they have undergone a personal psychotherapy. |
| **AND** | Meet the registration requirements of the Board including those set out in section 16 of the HPCAA. |

**Interim Psychotherapist Scope of Practice**

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| **Applicants must have evidence of:** | An approved masters level qualification in psychotherapy from a New Zealand University or a New Zealand Training Institution; as listed below:   1. AUT Master of Health Science in Psychotherapy adult psychotherapy pathway 2. AUT Master of Psychotherapy adult psychotherapy pathway 3. AUT Master of Health Science in Psychotherapy child psychotherapy pathway; 4. AUT Master of Psychotherapy child psychotherapy pathway 5. Certified Transactional Analyst (clinical or psychotherapy) 6. Accredited Jungian Analyst with ANZSJA and/or IAAP 7. Accredited Psycho-analyst with the International Psychoanalytical Association 8. Diploma in Psychosynthesis Psychotherapy 9. Diploma in Gestalt Psychotherapy 10. Psychodramatist certified by the Board of Examiners of the Australia New Zealand Psychodrama Association 11. NZ Institute of Psychoanalytic Psychotherapy – Membership 12. ANZAP Diploma in Adult Psychotherapy 13. Certified Bioenergetic Therapist (CBT) 14. The Ashburn Clinic Psychotherapy Training Programme; **or**   Have an approved comparable qualification as per the Board’s Policy Criteria Expected of a Comparable Qualification[[6]](#footnote-6); **or**  Have satisfactorily completed an initial assessment accredited by the Board. Organisations approved to carry out assessments are:   1. Australian and New Zealand Society of Jungian Analysts 2. New Zealand Association of Psychotherapists2 3. New Zealand Association of Child and Adolescent Psychotherapists3. |
| **AND** | A statutory declaration4 (attested before a Justice of the Peace) that the psychotherapist has provided a minimum of 150 hours of supervised clinical psychotherapy practise or child and adolescent psychotherapy practice. |
| **AND** | may have yet to undergo or complete a personal psychotherapy |
| **AND** | Meet the registration requirements of the Board including those set out in section 16 of the HPCAA. |
| **Further clarification** | **Interim Psychotherapist Scope of Practice**  Acceptance into the Interim Psychotherapist Scope of Practice must be for the purpose of achieving registration in either the Psychotherapist Scope of Practice or the Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism.  Practitioners can only remain in the Interim Psychotherapist Scope of Practice for 5 years. |

**Appendix One**

Following you will find a flow chart and a detailed outline of the pathways to registration:

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| **Tertiary Pathway** | **Professional Development Pathway**  Prerequisite is recognition of prior learning  from related disciplines[[7]](#footnote-7) |
| An approved masters level qualification in  psychotherapy from a New Zealand University or  a New Zealand Training Institution; or  An approved comparable qualification. | Satisfactory completion of an initial assessment  accredited by the Board[[8]](#footnote-8) |
| **Registration in the**  **Interim Psychotherapist Scope of Practice** | **Registration in the**  **Interim Psychotherapist Scope of Practice** |
| **AND** | **AND** |
| **Psychotherapist (3)**  The completion of 900 hours of supervised clinical psychotherapy practice with clients over at least three years with clinical supervision provided by a psychotherapist registered in the Psychotherapist Scope of Practice. Hours not completed during qualification may be completed post qualification.  **Child and Adolescent Psychotherapist**  The completion of 900 hours of supervised clinical child and adolescent therapeutic practice over at least three years with clinical supervision provided by a psychotherapist registered in the Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism. Hours not completed during qualification may be completed post qualification. | **Psychotherapist (3)**  The completion of 900 hours of supervised clinical psychotherapy practice with clients over at least three years with clinical supervision provided by a psychotherapist registered in the Psychotherapist Scope of Practice. Hours not completed during qualification may be completed post qualification.  **Child and Adolescent Psychotherapist**  The completion of 900 hours of supervised clinical child and adolescent therapeutic practice over at least three years with clinical supervision provided by a psychotherapist registered in the Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism. Hours not completed during qualification may be completed post qualification. |
| **AND** | **AND** |
| Having undergone a personal psychotherapy[[9]](#footnote-9). | Having undergone a personal psychotherapy [[10]](#footnote-10). |
|  | **AND** |
| **Registration in either:**  **Psychotherapist Scope of Practice; or Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism** | Satisfactory completion of a final assessment  accredited or set by the Board[[11]](#footnote-11). |
|  | **Registration in either:**  **Psychotherapist Scope of Practice; or Psychotherapist Scope of Practice with Child and Adolescent Psychotherapist Specialism** |

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| **Notes: Practitioners from overseas** will entering via the tertiary pathway will need to meetthe Board’s Policy Criteria Expected of a Comparable Qualification. All practitioners must adhere to the Board’s supervision policy. |

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| **Notes:**  Practitioners from overseas will entering via the tertiary pathway will need to meetthe Board’s Policy Criteria Expected of a Comparable Qualification.  All practitioners must adhere to the Board’s supervision policy. |

***Date approved: June 2012***

***Date reviewed: September 2014***

1. Located on the Board’s website under ‘For Psychotherapists – Registration information’. [↑](#footnote-ref-1)
2. Provisional membership is equivalent to completing an initial assessment, Full membership is equivalent to completing a final assessment. [↑](#footnote-ref-2)
3. Graduate membership is equivalent to completing an initial assessment. Full membership is equivalent to completing a final assessment. [↑](#footnote-ref-3)
4. Located on the Board’s website under ‘forms’ [↑](#footnote-ref-4)
5. Located on the Board’s website under ‘For Psychotherapists – Registration information’. [↑](#footnote-ref-5)
6. Located on the Board’s website under ‘For Psychotherapists – Registration information’. [↑](#footnote-ref-6)
7. Entry points include undergraduate psychotherapy courses, psychology, counselling, general medicine, psychiatry, social work, mental health, nursing and professions with a counselling component along with other appropriate professional training or experience as approved by the Board. This is an apprenticeship model which will always include experience or RPL from one of the above fields. [↑](#footnote-ref-7)
8. This assessment is for entry into the Professional Development Pathway. Individuals must be accepted to practise psychotherapy by an organisation approved by the Board which has requirements for training, assessment processes including a face to face interview, clinical supervision, personal therapy, and reference checks. Organisations which are currently accepted as meeting these requirements are NZAP, NZACAP, and ANZSJA. [↑](#footnote-ref-8)
9. Hour requirements can be completed during and following qualification. [↑](#footnote-ref-9)
10. Hour requirements can be completed during and following qualification. [↑](#footnote-ref-10)
11. It is expected that a final assessment will include a clinical case study, supervisor reports and an oral assessment with a panel of psychotherapists/child and adolescent psychotherapists. Associations would need to be accredited by the Board. [↑](#footnote-ref-11)