

**Appendix One**

**RECERTIFICATION PLAN 20xx-20xx (one plan per year)**  
**\*NB the plan covers the APC year 1<sup>st</sup> October-30<sup>th</sup> September**

Practitioner's Name: <b>Must be included</b>	Scope of Practice: <b>Must be included</b>	Registration Number: <b>Must be included</b>
Supervisor's Name: <b>Must be included</b>	The date your plan was last sighted and discussed with your supervisor: <b>Must be included</b>	

<b>Self-reflection on clinical competence and standards of practice:</b> Identifying areas for growth, development and improvement.	<b>Development Plan:</b> Identify how you intend to develop and improve in the identified area.	<b>Review of progress:</b> Comment on and review your progress. (May be completed throughout the year with identified areas of improvements and discussion on progress.)
<p>1. <a href="#">Core Clinical Competencies</a>  <b>Area or areas of competency you are focusing on and your rationale for this:</b></p> <ul style="list-style-type: none"> <li>• Psychosomatic symptoms / conversion disorder</li> <li>• Suicidal ideation</li> <li>• Prescribed medication and its effects</li> </ul> <p>My rationale for focusing on the above is that over the last couple of years I have been receiving more referrals for people presenting with these issues. I have also had a number of supervisees bringing these issues to discuss in supervision.</p> <p>It is important that I am as informed as I can be in order to work competently and effectively in these areas.</p>	<p>In order to gain knowledge and have an informed understanding in these areas I will seek current research articles and relevant reading.</p> <p>I will look for any training and/or seminars covering each of the topics identified.</p> <p>I have registered for the National Zero Suicide Forum 2018.</p> <p>I have contact with a broad range of colleagues experienced in these areas who I will consult with as applicable.</p> <p>I will also bring my questions, thoughts and dilemmas for discussion to my own clinical supervision.</p>	<p>Readings and resources accessed in relation to current knowledge and understanding from different perspectives.</p> <p><i>*Conversion disorder:</i> Mayo Foundation for Medical Education and Research. Retrieved 25 October 2013.  <i>*Elia, J., 2017. Somatic Symptoms and Related Disorders. In Psychiatry and Human Behaviour. *Psychotherapy and Psychosomatics: Vol.87, No3, 2018.</i></p> <p>Attended the National Zero Suicide Forum 2018.  <i>*Health care: suicide screening and assessment.</i></p> <p>Apart from the Zero Forum I did not find any other suitable training/seminars to attend.</p> <p><i>*//www.goodtherapy.org/drugs/psychotropic-medication.htm' "Psychotherapy and Psychosomatics": Vol.87.No.3, 2018.</i>  <i>*Health Navigator(NZ); "Antipsychotic medication" 2017.</i></p>

		I have continued to consult with colleagues which has been most helpful. I have also taken my questions and discussed my experiences in clinical supervision.
<p>2. <a href="#">Standards of Cultural Competence</a>  <b>Area or areas of competency you are focusing on and your rationale for this:</b></p> <ul style="list-style-type: none"> <li>Working with the parents of a child with a disability</li> <li>Working with clients presenting with gender dysphoria</li> </ul> <p>My rationale for the above is similar to that of the Clinical Competencies, i.e. these are areas I have been coming across more frequently in my practice, both in my individual work and the work of practitioners I provide clinical supervision for.</p> <ul style="list-style-type: none"> <li>I will also maintain currency of bi-cultural practice.</li> </ul> <p>My rationale for this is my overall commitment to bi-cultural awareness.</p>	<p>In order to gain knowledge and have an informed understanding in these areas I will seek relevant reading and resources.</p> <p>In addition I will seek consultation, advice and recourses from CCS Disability Action.</p> <p>I will also seek recourses form The World Professional Association for Transgender Health (WPATH).</p> <p>I will seek cultural consultation and supervision as required.</p>	<p>I have sought and kept up to date with learning resources from CCS Disability Action. I have also consulted with CCS Disability Action staff for information and clarification as appropriate.</p> <p>I accessed resources from WPATH, written material and podcasts.</p> <p>Attended a talk from Joe Waru and Kim Penetito "a brave conversation" 23 September 2018</p> <p>Reading: "Moemoea Maori Counselling Journeys" Edited by Kathie Crocket, Eugene Davis, Elmarie Kotex, Brent Swann and Huia Swann 2017.</p>
<p>3. <a href="#">Standards of Ethical Conduct</a>  <b>Area or areas of competency you are focusing on and your rationale for this:</b></p> <ul style="list-style-type: none"> <li>Working within the Family Court system and Statutory Bodies in relation to therapeutic intervention and privacy rights.</li> </ul> <p>I have recently become aware of the complexity of informed consent and requests from lawyers and statutory bodies to provide information. This experience has prompted me to ensure that I am up to date with the Privacy Act in relation to consent; and the Code of Health and Disability Services (HDC) consumer rights.</p>	<p>I will re-read this section of the Privacy Act and seek any additional resources from the Privacy Commission.</p> <p>I will also re-read HDC consumer rights.</p>	<p>I have been able to incorporate and confidently use aspects of the Privacy Act on several occasions when consulting with lawyers to ensure privacy is protected. I have also brought this information to supervisees' attention as necessary.</p>